

## Adoption Agencies that consider the LGBTQ Community—Oregon

*Actively recruits LGBTQ families*

- Boys and Girls Aid, [www.boysandgirlsaid.org](http://www.boysandgirlsaid.org)
- Open Adoption & Family Services, [www.openadopt.org](http://www.openadopt.org)
- Oregon Department of Human Services, [www.oregon.gov/DHS/aboutdhs/structure/caf.shtml](http://www.oregon.gov/DHS/aboutdhs/structure/caf.shtml)

## Adoption Resources—Education, Information, Pre-adoption Preparation, Support, Training and Research

- Adoption Mosaic, [www.adoptionmosaic.com](http://www.adoptionmosaic.com)  
Adoption Mosaic (AM) provides a platform for compassionate, informed education, training and resources to the adoption constellation/community. In one way or another, we all have adoption in our lives. And regardless of what role we play or the resources we've been given, each of us deserves a healthy lifelong adoption experience. AM focuses on families and individuals by supporting them in making the most educated, informed and unbiased decision when it comes to their adoption needs. AM provides space where the adoption constellation/community feel valued, heard, understood and accepted as a full member of society, family and community.
- Northwest Adoptive Families Association, [www.nafaonline.org](http://www.nafaonline.org)  
The Northwest Adoptive Families Association (NAFA) organization and board is made up of families from all types of adoption – foster, domestic, and international. We also have families with private adoptions through open adoption with visitation. Our goal is to provide support and education to families just beginning the adoption process through raising children into adulthood. We do this through our bi-monthly waiting families group, baby and toddler care class, annual campout, and various social activities throughout the year.
- Northwest Resource Associates, [www.nwresource.org](http://www.nwresource.org)  
Northwest Resource Associates (NWRA) is a multi-faceted non-profit agency that provides an array of services for the human services community. With offices in three states, we have been successfully designing, developing, implementing, managing, and evaluating programs since 1980. Our services are diversified, individualized, responsive and inclusive. NWRA programs include: Adoption and Foster Care, Program Evaluation, and Training. Visit the NWRA programs below for more information.
  - AdoptUSKids.org, [www.adoptuskids.org](http://www.adoptuskids.org)
  - Alaska Center for Resource Families, [www.acrf.org](http://www.acrf.org)
  - Northwest Adoption Exchange, [www.nwae.org](http://www.nwae.org)
  - Oregon Post Adoption Resource Center, [www.orparc.org](http://www.orparc.org)
- University of Southern California, LGBTQ Adoption: How Adults Can Prepare to Become Parents  
<https://msw.usc.edu/mswusc-blog/lgbtq-parents-adopting-a-child/>  
The process of adopting a child is not easy for anyone. While LGBTQ individuals and couples are eager to adopt, many still face encounters that range from awkward to prejudicial. But with the help of adoption professionals such as social workers, they remain resilient and work to overcome hurdles one opportunity at a time.

## Adoption Resources—National Publications which feature topics for LGBTQ adoptive families

- Child Welfare Information Gateway, [www.childwelfare.gov](http://www.childwelfare.gov)
- Children's Bureau Express, <http://cbexpress.acf.hhs.gov/>
- Evan B. Donaldson Adoption Institute, [www.adoptioninstitute.org](http://www.adoptioninstitute.org)
- Human Rights Campaign, [www.hrc.org/issues/parenting](http://www.hrc.org/issues/parenting)
- National Adoption Center, [www.adopt.org](http://www.adopt.org)
- National Resource Center Permanency and Family Connections, [www.hunter.cuny.edu/socwork/nrcfcpp](http://www.hunter.cuny.edu/socwork/nrcfcpp)
- North American Council on Adoptable Children, [www.nacac.org](http://www.nacac.org)

## Business and Written Resources for LGBTQ Parenting

- Gay Parent LGBT Magazine, [www.gayparentmag.com](http://www.gayparentmag.com)
- Living Adoption: Gay Parents Speak (DVD), produced by Human Rights Campaign, [www.hrc.org](http://www.hrc.org)
- Portland Area Business Association (PABA), [www.paba.com](http://www.paba.com)
- Portland Gay Yellow Pages, [www.pdxgayyellowpages.com](http://www.pdxgayyellowpages.com)

## Civil and Equality Organizations—Oregon & National

- Basic Rights Oregon (BRO), [www.basicrights.org](http://www.basicrights.org) (Oregon)
- Equity Foundation, [www.equityfoundation.org](http://www.equityfoundation.org)
- Family Acceptance Project, [www.familyproject.sfsu.edu](http://www.familyproject.sfsu.edu)
- Family Equality Council, [www.familyequality.org](http://www.familyequality.org)
- Human Rights Campaign, [www.hrc.org](http://www.hrc.org)
- Immigration Equality, [www.immigrationequality.org](http://www.immigrationequality.org)
- LGBTQ Nation, [www.lgbtqnation.com](http://www.lgbtqnation.com)
- Mapping Our Rights: Navigating Discrimination against Women, Men & Families, [www.mappingourrights.org](http://www.mappingourrights.org)
- Marriage Equality USA, [www.marriageequality.org](http://www.marriageequality.org)
- National Gay and Lesbian Task Force (NGLTF), [www.nglftf.org](http://www.nglftf.org)
- National LGBTQ Task Force and Foundation, [www.thetaskforce.org](http://www.thetaskforce.org)
- Pride Foundation, [www.pridefoundation.org](http://www.pridefoundation.org) (Northwest U.S.)
- TransActive: Services, Education, Advocacy, [www.transactiveonline.org](http://www.transactiveonline.org) (Oregon & National)

## Education, Scholarship & Grant Resources

### General Resources about Education and Scholarships

- Ultimate Guide to Resources for LGBTQ+ Students  
<https://couponfollow.com/research/resources-guide-for-lgbtq-students>

Very useful guide with a myriad of LGBTQ resources. For many young queer people, college is where things finally begin to change. To make college a little easier, we've created this ultimate guide of resources for LGBTQ+ students in higher education, including scholarships, resources, clubs, anti-bullying hotlines and more. For anyone considering themselves to be somewhere along the gender, sexuality, or romanticism spectrum, here's what one might consider to be a handbook for LGBTQ+ college students, with helpful LGBTQ+ information such as ways to make the college campus feel more inclusive and less homophobic. Here are some top resources for LGBTQ students going to or getting ready for college. This site is divided into the following:

#### Before You Go to College: LGBTQ+ Resources for Students

- Finding LGBTQ+-Friendly Colleges and Communities
- Notes about Applications
- Scholarships and Grants for LGBTQ College Students

#### Finding Community: LGBTQ+ Organizations, Clubs, and Events

- LGBTQ+ Support Groups
- Political Advocacy Groups
- How to Start a FSA (gay-straight alliance) Club
- Events and Conferences

#### How to Fight Discrimination and Homophobia in College

- LGBT Bullying Statistics
- Anti-Bullying Resources for LGBTQ Students
- Legal Resources for Those Experiencing LGBT Student Discrimination
- LGBTQ Hotlines and Other Resources for Mental Health

#### LGBTQ Terms and Other Resources

- Finding Better Terms and Definitions
- Other Resources

- Maryville University, <https://online.maryville.edu/blog/college-guide-for-lgbtq-students/>  
Online Degrees, College Guide for LGBTQ Students.
- Steps, Student Training & Education in Public Service, Scholarships and Resources for LGBTQIA+ Students  
<https://www.publicservicedegrees.org/financial-aid/lgbtqia-students-scholarships-resources/>  
Like many college hopefuls, those who identify as LGBTQIA+ can struggle to afford tuition and get the resources they need to be successful throughout their academic career. Fortunately, these students can benefit greatly from organizations that provide financial assistance, advocate for LGBTQIA+ rights, and offer networking opportunities. This guide highlights these organizations that provide direct support to the LGBTQIA+ community. Read on to explore 20 scholarship opportunities (including those for students looking to enter public service careers) and find valuable academic and career support resources.
- Study.com, <https://study.com/resources/online-degrees>  
Gay, lesbian, bisexual, transgender and queer students need the support of their communities to thrive in higher education. Many also need financial support. Thankfully, LGBTQ students can find a wealth of scholarships for college at both the undergraduate and graduate levels whether you're looking to pursue a traditional on-campus degree or an online degree.  
The College Guide for LGBTQ Students, <https://study.com/resources/LGBTQ-scholarships-for-college-students>  
College Scholarships for LGBTQ Students, <https://study.com/resources/LGBTQ-scholarships-for-college-students>  
Best Online Degrees & Programs, <https://study.com/resources/online-degrees>

## Scholarships and Grants for LGBTQ College Students

- The 49 Fund, <http://www.the49fund.org/>  
For LGBT people who are out, this organization offers small scholarships.
- The Association of LGBTQ Journalists Scholarships, <https://www.nlgja.org/awards/>  
NLGJA offers both awards for excellent journalism and scholarships for communications students.
- Colin Higgins Foundation Youth Courage Awards, <http://colinhiggins.org/yca/>  
For LGBTQ+ individuals who have "transformed their experiences with bigotry" into positive action, this award includes \$10,000 and a paid trip to a major conference.
- eQuality Scholarships, <https://www.equalityscholarship.org/>  
This program is for California student leaders who've contributed a service to the LGBT community.
- Equity Foundation, Jessica Dolin Memorial Scholarship, [www.equityfoundation.org/scholarships](http://www.equityfoundation.org/scholarships)
- Gamma Mu Foundation, <https://gammamufoundation.org/overview/>  
Offering funds and scholarships to the LGBTQ+ community, especially those in rural areas, this charitable organization also offers other kinds of direct services.
- Horizons Foundation, <https://www.horizonsfoundation.org/funding-programs/lgbtq-scholarships-fellowships/>  
Offering queer people in California numerous fellowship opportunities, this might be a great opportunity for those looking at West Coast schools.
- Human Rights Campaign (HRC), LGBTQ+ Scholarship Database, <https://www.hrc.org/resources/scholarships>  
The HRC site shows various LGBTQ+ college scholarships.
- Jonathan Lax Scholarship for Gay Men, <https://breadrosesfund.org/grants-scholarships/lax-scholarship-fund/>  
This organization was created to encourage gay men to further their education and act as role models to other gay college students.
- The Kenneth W. Payne Student Prize, <http://queeranthro.org/awards/the-kenneth-w-payne-student-prize/>  
This prize is for students of queer anthropology who've written on the topic.
- LEAGUE Foundation LGBTQ Scholarships, <https://leaguefoundation.org/>  
LEAGUE offers scholarships for LGBTQ+ students including the Matthew Shepard Memorial Scholarship.
- Life Out Loud Young Trailblazers Scholarships, <https://www.liveoutloud.info/programs/scholarship/>

Awarding as much as \$10,000 in scholarships, this organization is for LGBTQ+ youth pursuing a college degree.

- Markowski-Leach Scholarships, <https://mlscholarships.org/>  
This organization aims to create role models for LGBTQ+ people going to one of five major California schools.
- National Women's Studies Association, <https://www.nwsa.org/studentprizes>  
This organization offers funds for students who are LGBT, college grants for women of color, and much more within the field of women's studies.
- NGPA Scholarships, [https://www.ngpa.org/about\\_scholarships#pages](https://www.ngpa.org/about_scholarships#pages)  
Have you ever wanted to be a pilot? This massive scholarship is offered by the National Gay Pilots Association.
- Out for Education Scholarships, <http://outforeducation.org/lgbtq-scholarship-information/>  
This award recognizes outstanding LGBTQIA+ students.
- PFLAG National Scholarship, <http://community.pflag.org/page.aspx?pid=375>
- Point Foundation, The National LGBTQ Scholarship Fund, [www.pointfoundation.org](http://www.pointfoundation.org)  
This organization offers scholarships for LGBTQ+ college students as well as mentoring and training.
- Portland Area Business Association (PABA), [www.paba.com/scholarship](http://www.paba.com/scholarship)
- Pride Foundation, Scholarships for LGBTQ and Ally Students, [www.pridefoundation.org](http://www.pridefoundation.org)  
Both allies and LGBTQ+ college students can apply for their numerous scholarships.
- Queer Foundation Effective Writing and Scholarships Program, <http://queerfoundation.org/html/scholarships.html>  
LGBTQA high school students can write an essay to win a \$1,000 college scholarship.
- Reaching Out LGBTQ MBA Fellowship, <https://reachingoutmba.org/fellowship/>  
This fellowship offers \$10,000 and \$20,000 scholarships for MBA students.
- Stonewall Community Foundations Scholarships, <https://www.stonewallfoundation.org/scholarships>  
Offering the Traub-Dicker Rainbow Scholarship, which is available for lesbians, and the Levin-Goffe Scholarship for LGBTQI Immigrants, which is available for New York City immigrant LGBTQ or intersex people, this organization is also very important to those hoping to learn more about LGBTQ+ history.
- The Tang Scholarship, <https://www.siliconvalleycf.org/scholarships/tang>  
This is for LGBT people who are also Asian/Pacific islanders.
- Trans Student Educational Resources (TSER) Scholarships, <https://transstudent.org/scholarships/>  
Trans and gender-diverse scholars are eligible to apply for this small scholarship.

## Health & Wellness—Oregon & National

### Oregon

- 211info.org, Call 211 or 1-866-698-6155, Text your Zip Code to 898211 (TXT211)
- Cascade AIDS Project, [www.cascadeaids.org](http://www.cascadeaids.org)
- Encouraging Respect for Aging, [www.pdxqcenter.org/era-encouraging-respect-for-aging](http://www.pdxqcenter.org/era-encouraging-respect-for-aging)
- The LGBTQ Meaningful Care Conference, <http://oregonlgbtqhealth.org/mcc>
- Oregon Coalition, <https://www.ocadsv.org/find-help>
- Oregon Health Plan (OHP) Trans Health, <http://oregontranshealth.com>
- Oregon Health Science University (OHSU): The Transgender Health Program [www.ohsu.edu/xd/health/services/diversity-and-inclusion/culture-specific-services/transgender-program](http://www.ohsu.edu/xd/health/services/diversity-and-inclusion/culture-specific-services/transgender-program)
- Outside in Trans Clinic, [www.outsidein.org/medical-services.htm](http://www.outsidein.org/medical-services.htm)
- Portland PFLAG Black Chapter, <http://pflagpdx.org/wordpress/our-chapters/portland-black-chapter>
- Prism Health, Compassionate Healthcare for the LGBTQ+ Community, <https://prismhealth.org>, *Se habla español*  
2236 SE Belmont Street, Portland, OR 97214; 503-445-7699; 503-802-0199 (fax)  
Prism Health offers a safe, affirming, and non-judgmental space where all members of the lesbian, gay, bisexual, transgender, and queer community can obtain the compassionate and culturally effective health care they need

and deserve. We prioritize inclusivity to ensure that all members of the LGBTQ+ community can access affirming and high-quality health care. Patients do not have to be lesbian, gay, bisexual, transgender or queer to receive care, but services will focus on addressing the sensitive issues of sexual and gender minorities and their families and friends. Services provided: Primary Care, PrEP, Mental Health, Pharmacy, and HIV & STI Testing.

- Q Center Portland: LGBTQ Community Center, [www.pdxqcenter.org](http://www.pdxqcenter.org)
- Reach Out Oregon, 1-833-REACH-OR or 1-833-732-2467
- SAGE Metro Portland: Services & Advocacy for GLBT Elders, [www.friendlyhouseinc.org/programs/gay-and-grey](http://www.friendlyhouseinc.org/programs/gay-and-grey)
- Sexual Minority Youth Resource Center (SMYRC), [www.smyrc.org](http://www.smyrc.org)
- TransActive Gender Center, [www.transactiveonline.org](http://www.transactiveonline.org)

## National

- Addiction Center, <https://www.addictioncenter.com/Addiction/LGBTQ>  
LGBTQ-specific treatment centers (<https://www.addictioncenter.com/treatment/>) are sensitive to the needs of the LGBTQ community and address any underlying aspects that may have caused an addiction. This is instrumental to the recovery process. According to the National Institute of Drug Abuse (NIDA), addiction treatment programs that offer specialized groups for the LGBTQ community show better outcomes for those clients compared to non-specialized programs. Current research suggests that treatment should address unique factors in these patients' lives, such as homophobia/transphobia, family problems, violence, and social isolation.
- Best Practices: Creating an LGBT-Inclusive Climate, [www.tolerance.org/lgbt-best-practices](http://www.tolerance.org/lgbt-best-practices)
- Desert Hope Treatment Center, <http://deserthopetreatment.com/drug-abuse/lgbt-community>  
2465 East Twain Avenue, Las Vegas, NV 89121; 1-888-336-8702  
Addiction and Abuse in the LGBT Community: Today, there is greater awareness of gender and sexual orientation diversity than ever before in recorded history. While the LGBT community and its advocates are showing the world that one's biological sex does not determine one's gender identity or sexual orientation, there is still much work to be done to promote acceptance of these forms of diversity. Despite strides for greater public acceptance, marginalization of the LGBT community persists, especially for the transgender segment, and not only impacts the rate of substance abuse but may lead to a lack of research study in this area.
- Drugwatch, LGBTQ+ Comprehensive Health & Well-being Guide, <https://www.drugwatch.com/health/lgbtq/>  
Members of the LGBTQ+ community have unique and complex health needs that heterosexuals don't face. Health disparities and barriers to care can make staying healthy challenging, but knowing LGBTQ+ health risks can ensure you stay on top of your health. Local and national resources can help you prevent or treat these health conditions with the right medical testing, care and support.
- Gay and Lesbian Medical Association (GLMA), [www.glma.org](http://www.glma.org)
- Lesbian Health & Research Center, [www.lesbianhealthinfo.org](http://www.lesbianhealthinfo.org)
- The Center for Transgender Excellence, <http://transhealth.ucsf.edu>
- The National LGBT Health Education Center, [www.lgbthealtheducation.org/publications/lgbt-health-resources](http://www.lgbthealtheducation.org/publications/lgbt-health-resources)
- The Recovery Village Ridgefield, An Advanced Approach to Patient Care, LGBTQ Addiction Resources, <https://www.ridgefieldrecovery.com/rehab-resources/lgbtq-addiction/>  
Ridgefield, WA: 888 Hillhurst Road, Ridgefield, WA 98642; 844-359-6267  
Vancouver, WA: 5114 NE 94th Avenue, Vancouver, WA 98662; 360-883-0129  
No one is immune to substance use disorder. It can strike anyone at any time, regardless of age, gender, nationality, ethnicity, class or sexual orientation. However, some groups are more at risk to fall victim to drug and/or alcohol addiction than others. Unfortunately, this is true for the LGBTQ community. This is mainly because of the mental health disorders that develop in this community as a result of abuse, discrimination, rejection and ostracism that they undergo. The good news, however, is that many resources are available to help members of this community conquer substance abuse.

- Top Health Issues for LGBT Populations Information & Resource Kit  
<http://store.samhsa.gov/product/Top-Health-Issues-for-LGBT-Populations/SMA12-4684>
- The Trevor Project, [www.thetrevorproject.org](http://www.thetrevorproject.org); Trevor Lifeline, 1-866-488-7386 or text START to 678-678
- Trans Lifeline, 1-877-565-8860, [www.translifeline.org](http://www.translifeline.org)
- Youth Line, Call 1-877-968-8491, Text 'teen2teen' to 839863 24 hours a day/7 days a week, 4:00-10:00pm with teens

## Legal & Tax Resources—Oregon & National

### Oregon

- Rainbow Tax & Accounting, [www.rainbowpdx.com](http://www.rainbowpdx.com)
- Summer Trainor, LLP: Personal Injury and Family Law Cases, [www.summertrainor.com](http://www.summertrainor.com)
- Wolfson Law: Wills & Trusts, Probate, Adoptions, Donor & Surrogacy Agreements, [www.wolfsonlaw.com](http://www.wolfsonlaw.com)

### National

- Florin | Roebig Trial Attorneys, <https://florinroebig.com>, (Florida, Minnesota, Texas and Colorado)
- LAMDA Legal Defense Fund, [www.lambdalegal.org](http://www.lambdalegal.org) (National)

## Mental Health/Therapeutic Resources—Oregon

- Julie S. O'Donnell, LCSW, <https://juliesodonnell.com/> | LGBTQ Therapist in the Columbia River Gorge  
Julie O'Donnell is a queer therapist with a passion for working with people of all ages. She uses evidence-based interventions to support people in feeling more powerful than their worry, sadness, impulsivity, anger, and to build up their sense of self. She explores the complexity of identity, the impacts of oppression, how to engage your community in supporting you, and tools to build resilience and heal. She loves to engage the whole family in playful, open exploration of challenges and opportunities for growth. She might utilize EMDR to access more internal resources and move old stuff that is stuck in the body, and might get artistic and draw, build or utilize movement to explore new ways to understand and express ourselves.  
Office Location: 116 3rd Street, Suite 212, **Hood River**, OR, 97031  
Mailing Address: PO Box 644, Mosier, OR 97040  
Telephone: 971.404.6504; Fax: 541.436.4445; Email: [jodonnell509@gmail.com](mailto:jodonnell509@gmail.com)
- LionTree Counseling: Meg Jeske, LPC, [www.liontreecounseling.com](http://www.liontreecounseling.com)
- NW Adoption Support, MereAnn Reid, Therapist, Counseling & Post-adoption Support, [nwadoptionsupport@gmail.com](mailto:nwadoptionsupport@gmail.com)
- Quest Center for Integrative Health, <http://quest-center.org/lgbtq-health-services/>

## Retirement & Elderly Resources—Oregon & National

- Gay Retirement Guide: Guide to gay retirement & communities for LGBT seniors, [www.gayretirementguide.com](http://www.gayretirementguide.com).
- Nursing Home Abuse Center: Nursing Home Abuse and LGBT: Protecting LGBT in Nursing Homes  
<https://www.nursinghomeabusecenter.com/resources/lgbt/>  
The LGBT community faces abuse at every stage of life, and this abuse doesn't simply stop once they reach the age of 65. There are an estimated 3 million LGBT seniors over the age of 65, and this number is projected to double by 2030. One of the major concerns of the senior LGBT community is housing discrimination, both in terms of access to housing and the treatment they receive once there. Access to safe and equal-opportunity housing is a fundamental right, but in practice, LGBT members face larger obstacles in finding comfortable living situations.
- Rainbow Vista, Gresham, Oregon, [www.rainbowvista.com](http://www.rainbowvista.com)
- SAGE Metro Portland: Services & Advocacy for GLBT Elders, [www.friendlyhouseinc.org/programs/gay-and-grey](http://www.friendlyhouseinc.org/programs/gay-and-grey)
- Senior Housing and Retirement Enterprises (SHARE), Portland, Oregon, [www.sharepdx.org](http://www.sharepdx.org)

- University of North Dakota  
Resources for the Aging LGBTQ+ Community: Healthcare, Financial Planning, and Long Term-Care  
<https://onlinedegrees.und.edu/online-master-degrees/master-science-nursing/lgbtq-senior-resources/>

## Support Groups—Email Listservs / Online Groups / National Groups

### State of Oregon

- LGBTQ Online Adoptive Parent Support Group (Oregon), private online support group for LGBTQ families who have adopted a child through the child welfare system, sponsored by the Oregon Post Adoption Resource Center (ORPARC), Inquiries to join group: 503-241-0799 or email [orparc@nwresource.org](mailto:orparc@nwresource.org)

### Multnomah County: Portland

- Bi/Pansexual Conversation Group, [c.cameronkude@gmail.com](mailto:c.cameronkude@gmail.com)
- Daddies & Papas, [www.meetup.com/daddies-papas-pdx](http://www.meetup.com/daddies-papas-pdx), [daddiesandpapas@gmail.com](mailto:daddiesandpapas@gmail.com)
- \*eRa\* Support Group for Older/Aging LGBTQ Individuals, [www.pdxqcenter.org](http://www.pdxqcenter.org)
- FTM Peer Support Group, [jtreynolds25@gmail.com](mailto:jtreynolds25@gmail.com)
- Gay/Lesbian Archives of the Pacific NW (GLAPN), [www.pdxqcenter.org](http://www.pdxqcenter.org)
- Gender Queery, [kim\\_yinyang@yahoo.com](mailto:kim_yinyang@yahoo.com), [www.pdxqcenter.org](http://www.pdxqcenter.org)
- Late Awakenings, [www.pdxqcenter.org/ongoing-events/late-awakenings](http://www.pdxqcenter.org/ongoing-events/late-awakenings)
- Lesbians of a Certain Age (LOCA), Social Group for Lesbians 55+, [55coregroup@gmail.com](mailto:55coregroup@gmail.com), [www.pdxqcenter.org](http://www.pdxqcenter.org)
- Let's Kick ASS (AIDS Survivor Syndrome), <http://letskickasspdx.org>
- LGBTQ Depression & Bipolar Support Group (DBSA) Portland, 503-679-2999, [www.pdxqcenter.org](http://www.pdxqcenter.org)
- LGBTQ Narcotics Anonymous, [denohara@gmail.com](mailto:denohara@gmail.com), [www.pdxqcenter.org](http://www.pdxqcenter.org)
- Northwest Gender Alliance (NWGA), 503-533-8787, [www.nwgenderalliance.org](http://www.nwgenderalliance.org)
- Parents and Friends of Lesbians and Gays (PFLAG)—Portland Chapter, [www.pflagpdx.org](http://www.pflagpdx.org)
- Portland SAA (Sex Addicts Anonymous), <http://portlandsaa.org>
- Q Center Portland: LGBTQ Community Center, [www.pdxqcenter.org](http://www.pdxqcenter.org)
- Rainbow Babies, [www.pdxqcenter.org](http://www.pdxqcenter.org)
- Rainbow Walk in the Trees for LGBTQ+ at Hoyt Arboretum, [sean@pdxqcenter.org](mailto:sean@pdxqcenter.org), [www.pdxqcenter.org](http://www.pdxqcenter.org)
- Shine: Peer-To-Peer Support for LGBTQI Survivors of Childhood Sexual Abuse, 503-756-4253, [portlandshine@gmail.com](mailto:portlandshine@gmail.com)
- Trans-Fem, [transfem@gmail.com](mailto:transfem@gmail.com), [www.pdxqcenter.org/ongoing-events/trans-fem](http://www.pdxqcenter.org/ongoing-events/trans-fem)
- TransActive—Supporting Children & Youth of all Genders, [www.transactiveonline.org](http://www.transactiveonline.org)
- Transgender Women's Group, [www.pdxqcenter.org](http://www.pdxqcenter.org)
- Tranz Guys, [tranzguys@gmail.com](mailto:tranzguys@gmail.com), [www.pdxqcenter.org/programs/transgender/tranz-guys](http://www.pdxqcenter.org/programs/transgender/tranz-guys)
- Young People Sexual Diversity AA (Alcoholics Anonymous), [www.pdxqcenter.org](http://www.pdxqcenter.org)

### Lane County: Eugene/Springfield

- LGBTQ Youth Group of Eugene/Springfield, 541-682-5373, [lphilips@earthlink.net](mailto:lphilips@earthlink.net), Meets at Amazon Community Center in Eugene, Sponsored by PFLAG

### Washington County: Beaverton, Hillsboro

- Trans Youth Support Group, 503-352-2400 ext. 8023, Sponsored by Pacific Psychology & Comprehensive Health Clinic

### National

- Asexual Visibility and Education Network (AVEN), <https://www.asexuality.org/>

AVEN offers a safe space for asexual and questioning people.

- Athlete Ally, <https://www.athleteally.org/allies/>  
Sports players can rely on this group for support.
- Bisexual Resource Center, <https://biresource.org/>  
Bi+ students might consider checking out these resources.
- Campus Pride, <https://www.campuspride.org/>  
This organization is a volunteer-based group for LGBTQ+ student leaders to encourage safer college campuses.
- COLAGE, <https://www.colage.org/who-we-are/>  
This organization is for people with one or more LGBTQIA parent.
- The Community of LGBT Centers, <https://www.lgbtcenters.org/>  
This is a network of LGBTQ rights organizations; see if you can find a local community center.
- Gay, Lesbian, and Straight Education Network (GLSEN), <https://www.glsen.org/>  
GLSEN offers help to LGBTQ students and promotes events like Ally Week, the Day of Silence, and No Name-Calling Week.
- Genders and Sexualities Alliance (GSA) Network, <https://gsanetwork.org/>  
If your school doesn't currently have a GSA club, you can be the one to start it! The Genders and Sexualities Alliance Network is made of "trans and queer youth uniting for racial and gender justice."
- Gay and Lesbian Alliance Against Defamation (GLAAD), <https://www.glaad.org/>  
GLAAD promotes positive depictions of LGBTQ people in media.
- InterACT Advocates for Intersex Youth, <https://interactadvocates.org/>  
This is an advocacy group for intersex people and advocates for consensual surgeries.
- Intersex Campaign for Equality, <https://www.intersexequality.com/>  
Connect and find resources for intersex people.
- LGBTQ Parenting Connection, [www.lgbtqparentingconnection.ca](http://www.lgbtqparentingconnection.ca)
- Live Out Loud, <https://www.liveoutloud.info/>  
Offering scholarships, events, and programs, this organization is for connecting LGBT youth with successful professionals in their community.
- National Center for Transgender Equality, <https://transequality.org/know-your-rights/schools>  
Transgender people experiencing discrimination can find help and resources here.
- National Queer Asian Pacific Islander Alliance (NQAPIA), <https://www.nqapia.org/wpp/home/>  
NQAPIA is a organization for queer Asian American, South Asian, Southeast Asian, and Pacific Islander groups.
- oSTEM, <https://www.ostem.org/>  
This organization is for LGBTQ people interested in science, technology, engineering, and mathematics.
- Our Family Coalition, [www.ourfamily.org/booksforparents.html](http://www.ourfamily.org/booksforparents.html)
- PFLAG (Parents, Families, and Friends of Lesbians and Gays), <https://pflag.org/>  
This organization is for LGBTQ+ people, their allies, and their families.
- Pride and Joy: Lesbian and Gay Family Building Project, [www.prideandjoyfamilies.org](http://www.prideandjoyfamilies.org)
- Rainbow Families DC, [www.rainbowfamilies.org](http://www.rainbowfamilies.org)
- sfKids: San Francisco's Official Family Resource Guide, [www.sfkids.org](http://www.sfkids.org)
- Shades of Lavender, <http://rainbowfamily.meetup.com/cities/us/or/portland/>
- Straight for Equality, <http://www.straightforequality.org/>  
This organization is for straight allies.
- Trevor Space, <https://www.trevorspace.org/>  
This is a safe social network for LGBTQ people ages 13-24.

## Support Resources and Camps for LGBTQ Children or Children of LGBTQ Parents

- Camp Lavender Hill, Camp for Kids, PO Box 5164, Sacramento, CA 95817
- Camp Tawonga, Keshet LGBT Family Camp, [www.tawonga.org/weekend-programs/keshet.php](http://www.tawonga.org/weekend-programs/keshet.php)
- Camp Ten Trees, [www.camptentrees.org](http://www.camptentrees.org)
- COLAGE: People with a Lesbian, Gay, Bisexual, Transgender or Queer Parent, [www.colage.org](http://www.colage.org)