



Strong Start

Community Leadership Program 2021



Participant Application and Agreement

Name	
Participating Role (parent/self-advocate)	
Phone Number	
Street Address, City, Zip Code	
Primary language	
Email Address	
Birth year of child with a disability	
Why are you applying?	
What specific issue is of greatest interest to you?	

Accommodations Needed – Please specify:

Internet Access / Technology:
Instructional Material Formats:
Other:

I understand and commit to the following:

- I will actively participate in six leadership trainings on Zoom from 9am-3pm:
 - April 3rd, April 17th, May 1st, May 15th, May 29th & June 12th
 - Internet access & a computer/tablet will be needed to participate. If this is a hardship, please indicate so under accommodations
- I will receive a \$500 stipend after program completion for my participation in Strong Start
- I will follow the attached Participant Guidelines.
- I will remain engaged with my host & cohort for no less than one year following graduation.
- I agree to have my contact information shared with the Oregon Council on Developmental Disabilities so they can keep me informed on relevant policy change and advocacy opportunities. I understand my information will not be shared or used for other purposes.
- I will complete, sign and return this form to info@codsn.org prior to March 30th, 2021

PARTICIPANT SIGNATURE: _____ **DATE:** _____

Questions? Please contact Central Oregon Disability Support Network
Callie Kackley @ 541-548-8559 or Callie@codsn.org



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Participant Guidelines:



- Respect each individual: Participants are expected to listen to others as they are talking and respect the privacy of each participant who shares a personal story. Personal information discussed and shared during each session should not be discussed outside of sessions. Participants will not invite guests to attend the training sessions.
- Attend every Strong Start session: Attendance is required as the success of the program depends on full participation.
- Be punctual: Agendas are designed to ensure speakers have adequate time to cover each topic; and participants adequate time to discuss issues, develop, and practice critical leadership skills. Everyone should be on time for all sessions.
- Be prepared for the training sessions: Participants are expected to complete and submit homework assignments, bring materials, and be thoughtful about each topic and how it relates to their lives.
- Advocate for support: We all need support to succeed. Communicate with class hosts, facilitator and trainers so they understand your support needs throughout the training.
- Suggest solutions rather than only identifying problems as issues are discussed: Participants are expected to learn and practice problem-solving skills.
- Pay attention to details: This curriculum includes a tremendous amount of information, which is shared in many ways and require your attention.
- Share information: Participants are expected to share what they've learned with others.
- Ask questions: Challenge old ways of thinking and doing things.
- Measure our performance: Use session evaluations, surveys, and any other means to help us improve. Our goal is that participants meaningfully understand each element of the curriculum.
- Join organizations and stay connected: Serve on boards, task forces, commissions, etc.; practicing leadership skills and share information and your expertise with others.
- Listen carefully to others: Refrain from talking while others are speaking; taking care of personal business only during break times.
- Share your achievements: Share reports of your accomplishments after graduations with the CODSN and the Oregon Council on Developmental Disabilities. We want to hear when you work with policymakers; coordinate a conference on inclusive education; raise funds for an inclusive community playground; start a social media page on an issue of interest; or whatever you will do! The sky is the limit and you are off to a Strong Start!



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