



"ALL ABOUT ME" PAGE TIPS FOR PARENTS

QUESTIONS TO THINK ABOUT

What do you want for your child's future? Where do you want your child to go? What do you want for your child?

What don't you want for your child?

Use the answers to these questions to build a vision. Include in Hopes & Dreams section of the "All About Me" page.

TIPS & TOOLS



- Involve your child and help them share their ideas, interests and dreams. Include your child's favorite photos and colors. If this page is theirs and shows who they are, they will have more interest and be more likely to share it. This helps grow self-advocacy & self-determination skills at any age.
- Think about things your child is good at that others can build on. Include things that your child likes and what gets them excited. What are they good at?
- Think about how this page can be used across all parts of your child's community (school, work, faith communities, sports, clubs and after school programs).
- Once you've made this "All About Me" page, your child can use the same information to introduce themselves at the beginning of their IEP meeting. You can: make a poster board, write or type into a template, make a slideshow or record a video.

HAVE YOUR CHILD GIVE A COPY OF THEIR "ALL ABOUT ME" PAGE TO EACH MEMBER OF THE TEAM AT THE BEGINNING OF EVERY IEP MEETING.

ALL ABOUT ME

NAME, AGE & GRADE

HOPES & DREAMS

*MY PHOTO
GOES HERE*

MY STRENGTHS, GIFTS & TALENTS

WHAT WORKS: HOW TO SUPPORT ME

INTERESTS AND HOBBIES
THINGS I LIKE

WHAT DOESN'T WORK