



MAKE COMMUNICATION EASIER WITH COMMCARD

! Rescheduled!

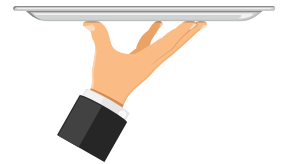


**Part 1: March 20th
5-7pm**

**Part 2: April 10th
5-7pm**

**Central Oregon Collective
62070 SE 27th St
Bend, OR**

**Free Dinner
Provided!**



A CommCard is a tool that can help you communicate with helping professionals such as law enforcement or healthcare professionals in your community so they can support you better! Join us to learn more about this tool and how to use one!

In This Training, Adults With Disabilities 18 and Older Will:

- Learn what you can include on your CommCard.
- Create your own CommCard.
- Practice using a CommCard with a helping professional.

Spanish trainings coming to our Spanish support groups soon!

¡Pronto tendremos capacitaciones en español para nuestros grupos de apoyo en español.



Misha Marie
Social Navigator with the
Arc of Benton County

**BROUGHT IN
PARTNERSHIP BY:**



Click or Scan
here to register!



Self-advocates are encouraged to bring one support person with them to both trainings. To register, visit:
<https://www.codsn.org/events-and-calendar/>
Questions? 541-548-8559 or info@codsn.org